



Indoor Pool @ Plainview YMCA
May 6th - May 11th

313 Ennis
Plainview, TX 79072
806-293-8319

	MON	TUE	WED	THU	FRI	SAT	SUN
6am	Lap Swim Lifeguard On Duty 6am - 7:30am		Lap Swim Lifeguard On Duty 6am - 7:30am		Lap Swim Lifeguard On Duty 6am - 7:30am		
8am	Water Aerobics Rosie Godino 8:30am - 9:30am		Water Aerobics Rosie Godino 8:30am - 9:30am		Water Aerobics Rosie Godino 8:30am - 9:30am		
11am	Lap Swim Lifeguard On Duty 11:30am - 1pm		Lap Swim Lifeguard On Duty 11:30am - 1pm		Lap Swim Lifeguard On Duty 11:30am - 1pm		
2pm						Open Swim Lifeguard On Duty 2pm - 4pm	Open Swim Lifeguard On Duty 2pm - 4pm
4pm						Private Parties Lifeguard On Duty 4:30pm - 6:30pm	Private Parties Lifeguard On Duty 4:30pm - 6:30pm
5pm			Water Workout Aimee Jackson 5pm - 6pm				
6pm	Open Swim Lifeguard On Duty 6pm - 8pm	Open Swim Lifeguard On Duty 6pm - 8pm	Open Swim Lifeguard On Duty 6pm - 8pm	Open Swim Lifeguard On Duty 6pm - 8pm	Private Parties Lifeguard On Duty 6pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.