



Indoor Pool  
Indoor Pool @ Plainview YMCA  
October 9th - October 16th

313 Ennis  
Plainview, TX 79072  
806-293-8319

	MON	TUE	WED	THU	FRI	SAT	SUN
6am	Lap Swim Lifeguard On Duty 6am - 7:30am		Lap Swim Lifeguard On Duty 6am - 7:30am		Lap Swim Lifeguard On Duty 6am - 7:30am		
8am	Water Aerobics Jenny Ragland 8:30am - 9:30am		Water Aerobics Jenny Ragland 8:30am - 9:30am		Water Aerobics Jenny Ragland 8:30am - 9:30am		
11am	Lap Swim Lifeguard On Duty 11:30am - 1pm		Lap Swim Lifeguard On Duty 11:30am - 1pm		Lap Swim Lifeguard On Duty 11:30am - 1pm		
4pm						Private Parties Lifeguard On Duty 4:30pm - 6:30pm	Private Parties Lifeguard On Duty 4:30pm - 6:30pm
6pm					Private Parties Lifeguard On Duty 6pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.