

The Plainview YMCA is an American Red Cross Learn-To-Swim Provider. The program is designed for children over 6 months up to adults. Students progress through the levels at their own pace, mastering the skills in the one level before then advancing to the next. The Swim Center provides a group setting for Parent and Child Aquatics, Preschool Aquatics Levels 1-3, and Learn to Swim Courses levels 1-6.