

GROUP EXERCISE

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM							
6:30 AM							
8:30 AM	8:00-9:00 STRONG by Zumba Claudia Andazola	8:00-9:00 STRONG by Zumba Claudia Andazola				8:00-9:00 STRONG by Zumba Claudia Andazola	
9:30 AM						9:30-10:30 Zumba Dominique Abercrombie	
10:00 AM						10:30-11:15 Jump Fit Loraleigh Donjuan	
11:00AM							
4:00 PM & 4:15 PM 5:15 PM							
6:00 PM & 6:15 PM 7:00 PM							



ZUMBA
fitness



Loraleigh Donjuan
Fitness Director
806-637-7897

January 2019 Schedule
**SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE.
Please see white board at front desk for class cancellations & announcements.