

Welcome Back! The Plainview YMCA is excited to welcome back our members and guests. As we reopen our facility, we are keeping our members' and staff's health and safety as our priority. Therefore, we've made adjustments within our facility and to our guidelines for use. While we were mandated to close quickly, we will be reopening slowly and in phases.

Phase 2 Opening

The information below is subject to change at any time as new information and resources become available.

- *Social/physical distancing, minimum of 6 feet is required.
- *All staff, members and visitors to the YMCA will be required to have their temperature taken upon entering the building. (Anyone with temperature of 100.4 or above will be requested to leave).
- *Limited guest passes are now available.
- *Open Swim with limited capacity (50 in the pool at one time) is now available. Equipment is not available for checkout.
- *HYPE Certified youth are able to use YMCA Facilities.
- *Children under the age of 11 must be supervised by an adult at all times.
- *Water fountains are not available. Please bring your own filled water bottles.
- *Y staff will be wearing face masks/coverings when within 6 feet of members.
- *Members are highly encouraged to wear face masks/coverings as well when not working out.
- *Gloves are required.
- *High touch areas will be disinfected regularly throughout the day. Rooms may be closed for cleaning.
- *Limited number of members will be allowed in the YMCA and in available rooms to accommodate social/physical distancing and 50% occupancy restrictions.
- *Some equipment will not be available to allow for social/physical distancing and disinfecting procedures.
- *Members must disinfect equipment before and after use.

- *Members must wash hands before and after working out.
- *Group Exercise classes will be limited based on size of rooms, to allow for at least six feet between participants. Virtual classes will still be available.
- *Exercise mats will not be provided by the YMCA. (Please bring your own mat if needed).
- *SilverSneakers and ROM+ classes are not available at this time.
- *Basketball gym is limited to four persons per goal.
- *Childwatch is not available at this time.

We will continue to review and update these guidelines regularly to remain in line with federal, state and local guidelines.

WELCOME BACK!! We are grateful for you!!

Phase 2 Hours of Operation:

- M-F** 5:30 a.m.-1:00 p.m. 3:00 p.m.-9:00 p.m.
- Sat.** 8:00 a.m.-1:00 p.m.
- Sun.** 1:00 p.m.-5:00 p.m.

Lap Swim

Monday/Wednesday/Friday

6:00 a.m.-7:30 a.m.

11:30 a.m.-1:00 p.m.

Water Exercise

Monday/Wednesday/Friday

8:30 a.m.-9:30 a.m.

Open Swim

M-F 3:30 p.m.-5:00 p.m.

Sunday 2:00-4:00 p.m.